

## 2024/FORD F-150 BLACK LABEL REAR BUMPER R190020NA0103



### TOOLS REQUIRED

(Sockets) 7/16, 9/16, 10mm  
(Box end wrenches) 7/16, 9/16, 10mm  
(Allen wrenches) 5/32, 7/32  
(Torx) T40  
Fastener remover or flathead screwdriver  
Zip ties  
Ratchet  
Grinder



### TIME REQUIRED

- 2 hours for OEM Removal/Bumper Install



### SKILL LEVEL

-Easy/Intermediate

**\*\*This installation requires 2 people for best results\*\***

## ⚠️ WARNINGS/CAUTIONS BEFORE STARTING INSTALLATION ⚠️

### -BEFORE YOU INSTALL THIS KIT-

Read and understand all instructions, warnings, cautions, & notes contained in this installation instruction guide. Consult your vehicle owner's manual for proper disconnection of electrical and lifting of vehicle if required for installation of this product.

This install may require some technical skills and knowledge of basic mechanical work. If you do not feel that you are capable of performing this install please take this product to a trained professional.

After reading this guide please contact us with any questions or concerns before installing product.  
Customer Service (480) 671-0820

Addictive desert designs is *not* responsible for any bodily injury or harm to you or your vehicle as a result of an improper install.

Proper installation of this kit required knowledge of the factory recommended procedures for removal and installation of original equipment components.

We recommend that the factory shop manual and any special tools needed to service your vehicle be on hand during the installation. Installation of this kit without proper knowledge of the factory recommended procedures may affect the performance of these components and the safety of the vehicle.

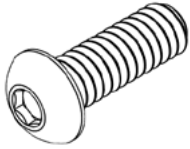
Inspect all contents of this package to make sure product is not damaged and all installation hardware has been included. If parts are missing from kit, please be prepared to provide the following information:

1. Name of purchase location
2. Bar Code on side of box
3. Date above bar code
4. Date inside box cover

**\*ALWAYS WEAR EYE PROTECTION  
WHEN OPERATING POWER TOOLS\***

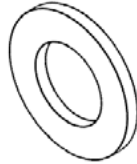
## HARDWARE/PARTS

**A.**



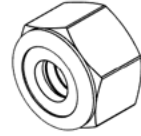
3/8-16 X 1" BUTTON HEAD BOLT  
(BLACK)  
QTY: 2

**A1.**



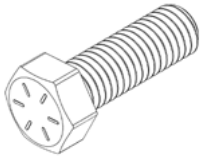
3/8" FLAT WASHER (BLACK)  
QTY: 2

**A2.**



3/8-16" NYLON LOCK NUT (BLACK)  
QTY: 2

**B.**



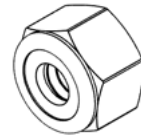
3/8-16 X 1" HEX HEAD BOLT  
QTY: 4

**B1.**



3/8" FENDER WASHER  
QTY: 8

**B2.**



3/8-16" NYLON LOCK NUT  
QTY: 4

**C.**



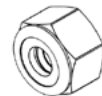
1/4-20 X 1" BUTTON HEAD BOLT (BLACK)  
QTY: 4

**C1.**



1/4" FLAT WASHER (BLACK)  
QTY: 4

**C2.**



1/4-20" NYLON LOCK NUT (BLACK)  
QTY: 4

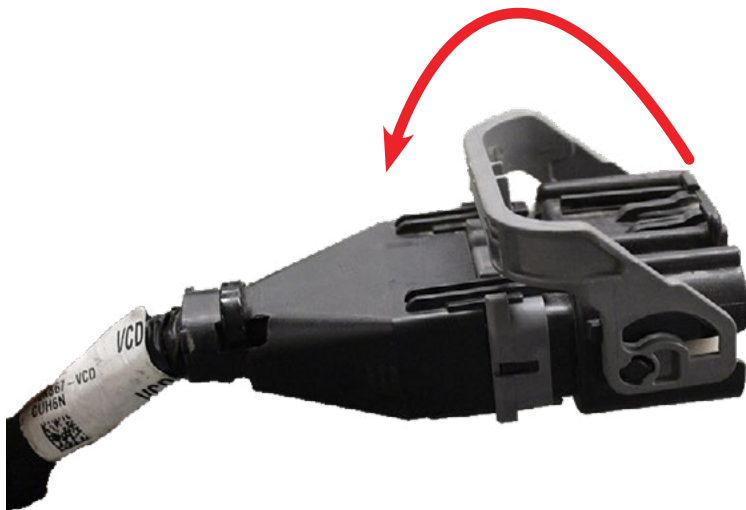
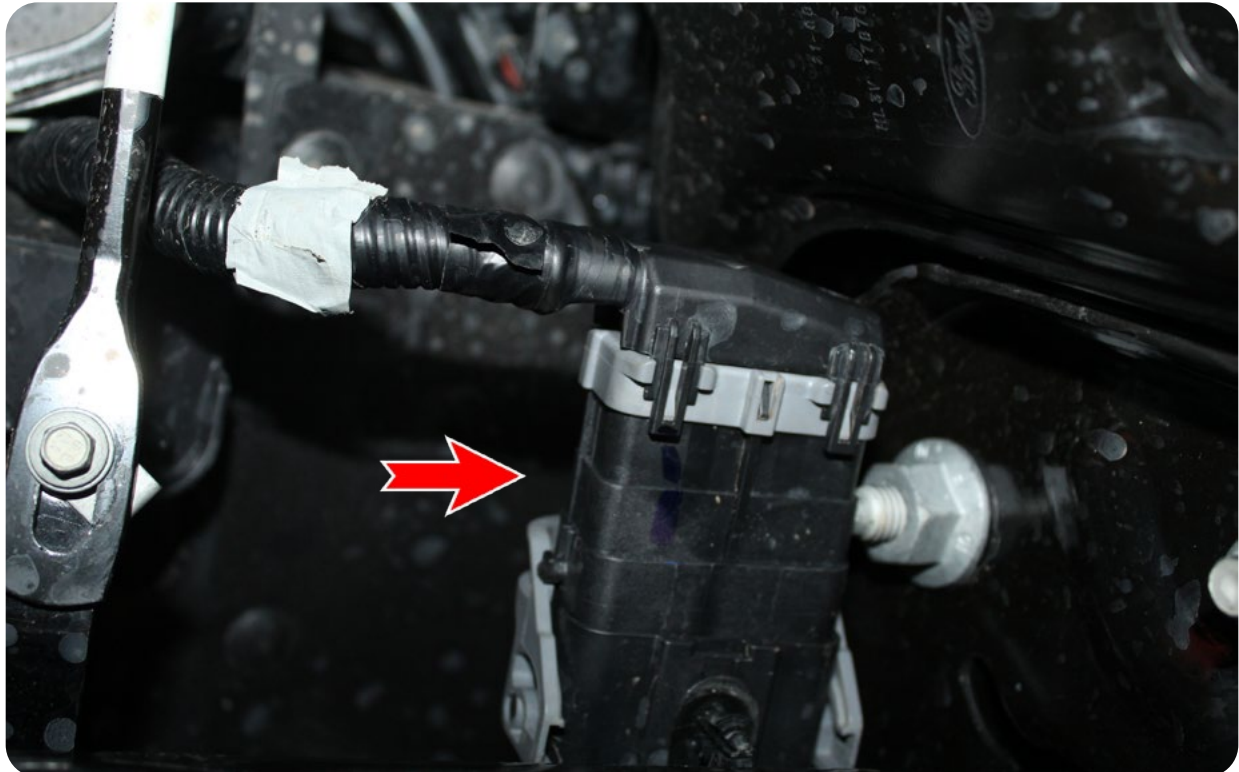
**Reference this page throughout the install**

## BLACK LABEL REAR BUMPER 2024/FORD F-150

## REMOVAL

### □ STEP 1

Unplug the main wire harness located on the passenger side by pulling the gray tab back as shown below. Remove the ground using a (10mm socket) located on the passenger side on the frame rail.





## BLACK LABEL REAR BUMPER 2024/FORD F-150

## REMOVAL

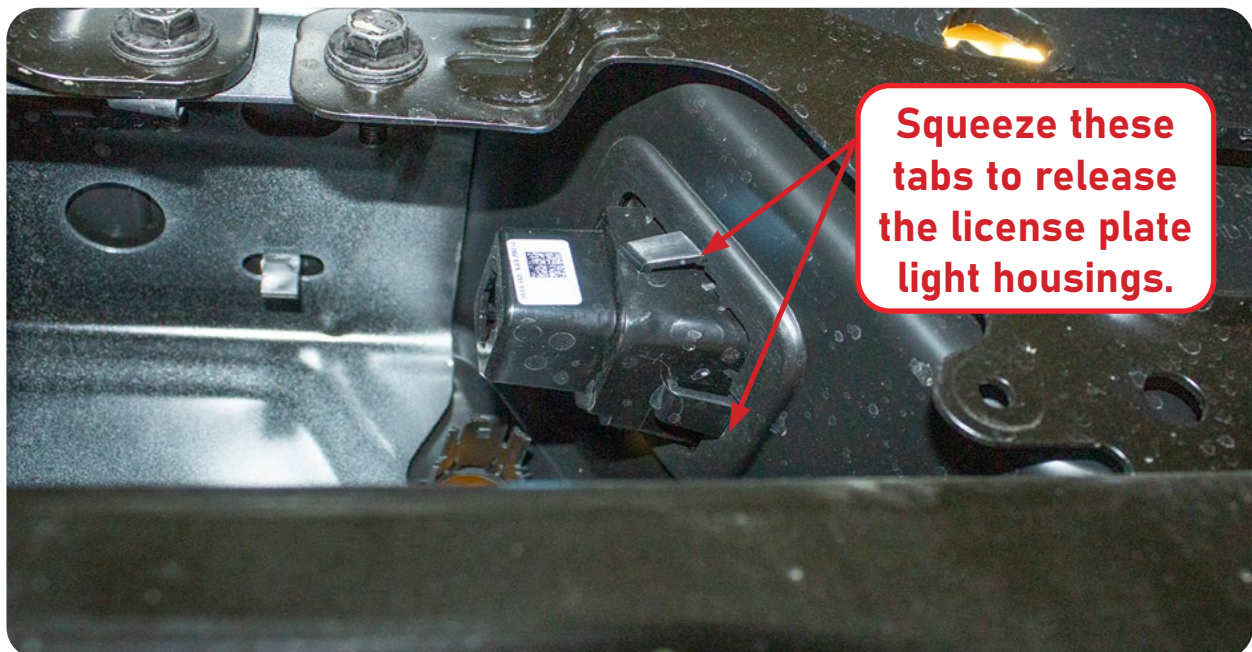
### □ STEP 2

Unplug/remove the trailer plug.



### □ STEP 3

Remove the license plate light by twisting counter clock wise and remove the housing.





## BLACK LABEL REAR BUMPER 2024/FORD F-150

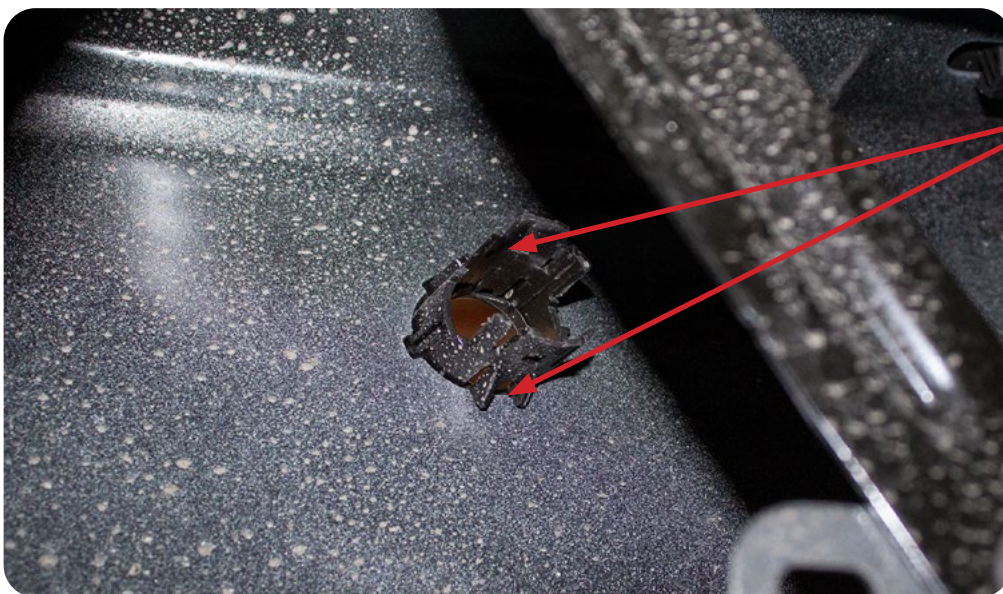
## REMOVAL

### □ STEP 4

Remove the parking sensors and bezels from the stock bumper, You can now remove the wire harness and set aside for install. **\*\*Remember the location and orientation of the sensor bezels after removal for this will be important later on in the install\*\***



**SPREAD THESE TWO TABS  
TO RELEASE THE PARKING  
SENSOR.**



**SQUEEZE THESE TWO TABS  
TO RELEASE THE PARKING  
SENSOR MOUNTING RINGS.**

## BLACK LABEL REAR BUMPER 2024/FORD F-150

## REMOVAL

### STEP 5

Pull the top plastic cover off the bumper. There are no tools required for this step, it simply pulls off by hand.





## BLACK LABEL REAR BUMPER 2024/FORD F-150

## REMOVAL

### □ STEP 6

Using a (T40 torx), remove the mounting bolts that hold the bumper side covers to the vehicle.

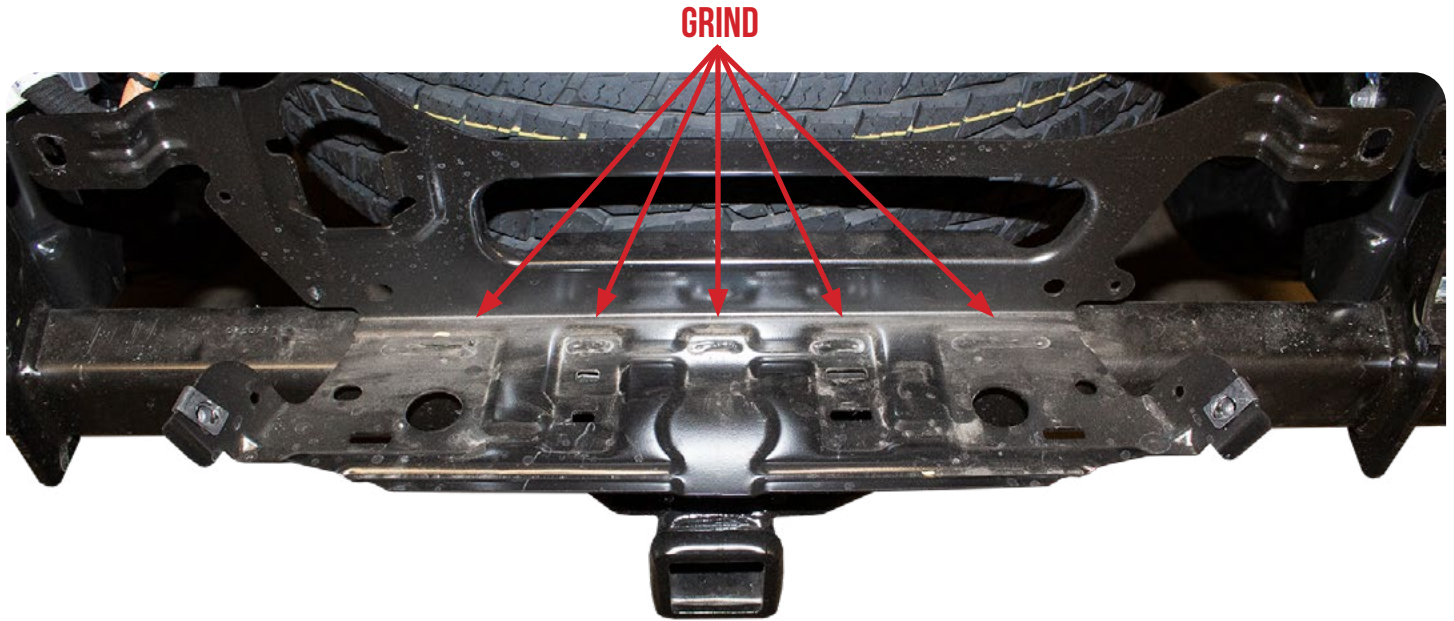


## BLACK LABEL REAR BUMPER 2024/FORD F-150

## REMOVAL

### □ STEP 7

Remove the license plate bracket by using a (grinder) to grinding through the five visible welds that connect that bracket to the hitch. **\*\*Once the bracket has been removed, paint over the raw metal to prevent rust\*\***



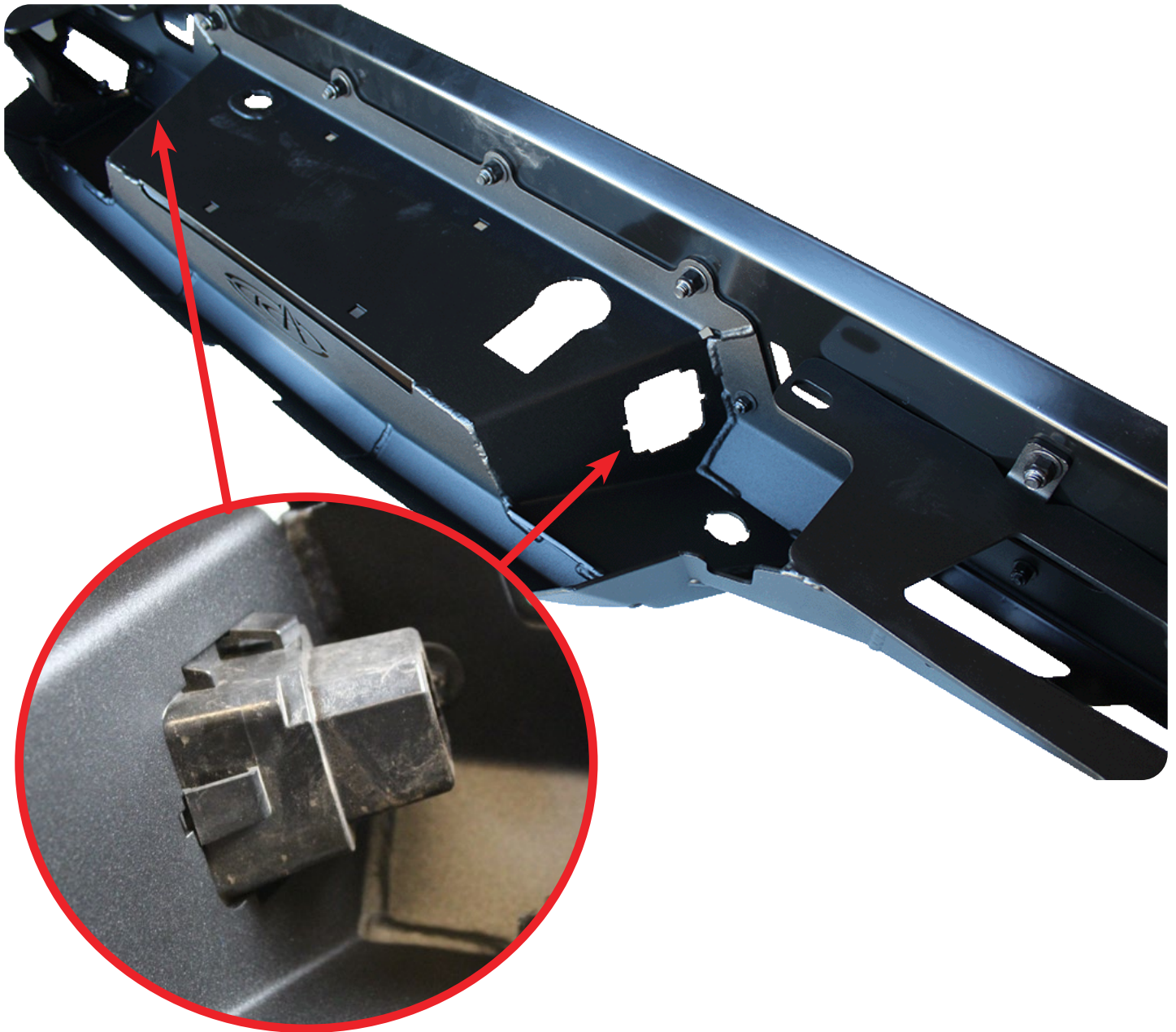


## BLACK LABEL REAR BUMPER 2024/FORD F-150

## INSTALL

### □ STEP 8

Install the license plate light housing. Be sure that the clips are fully clipped in by using a (flathead) to pry into place. **\*\*DO NOT pry to hard due to breakage\*\***

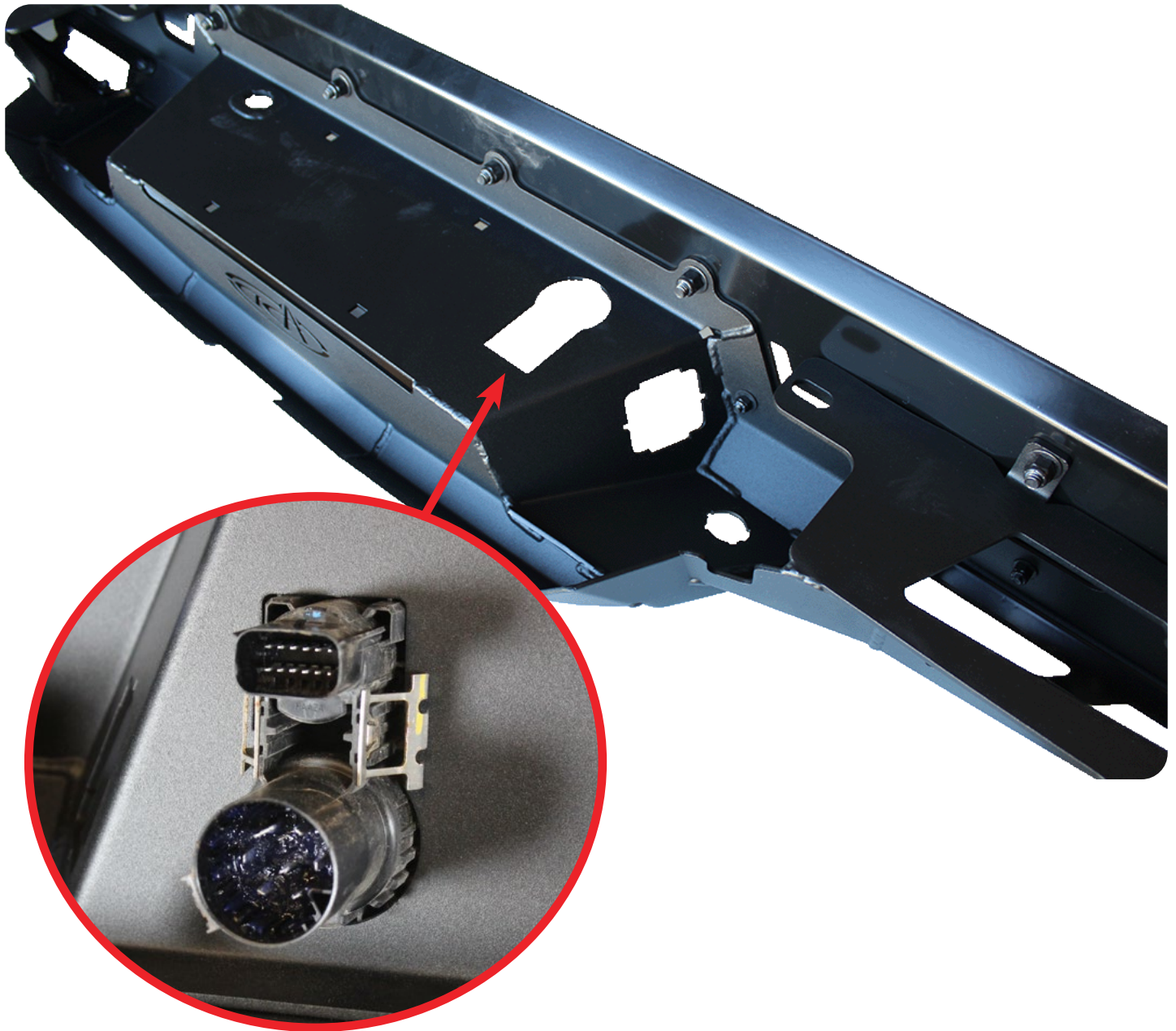


## BLACK LABEL REAR BUMPER 2024/FORD F-150

## INSTALL

### □ STEP 9

Install the trailer plug and pry out the tabs to securely seat plug using a (flathead screwdriver).



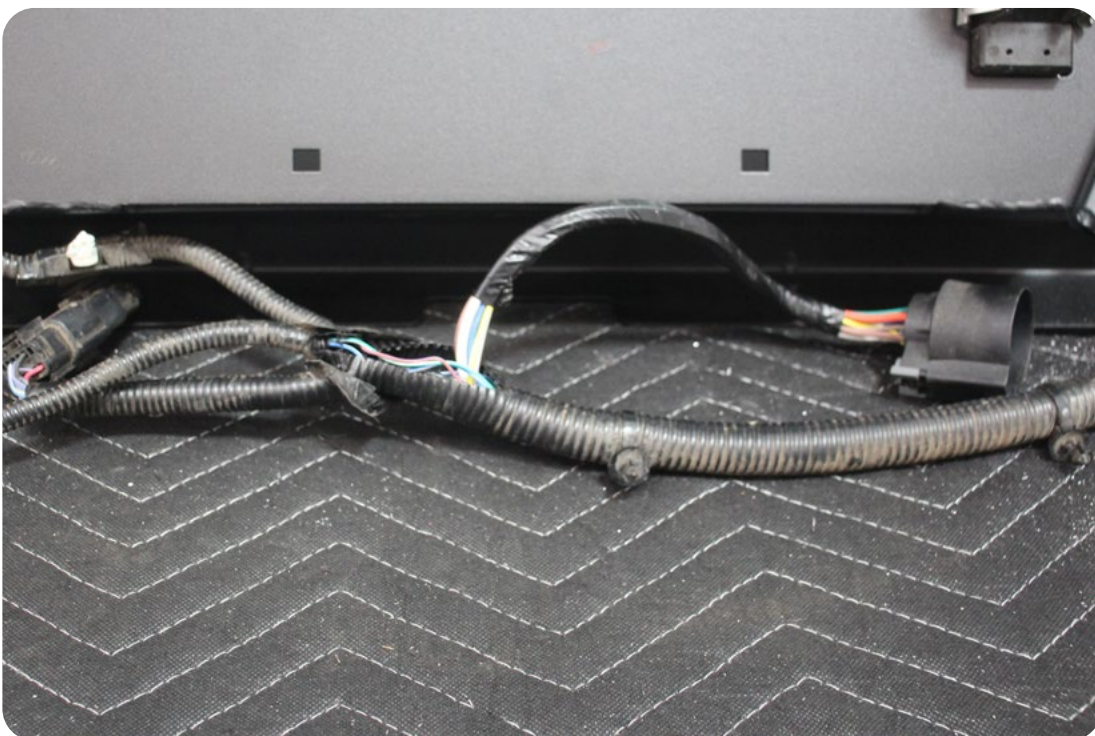
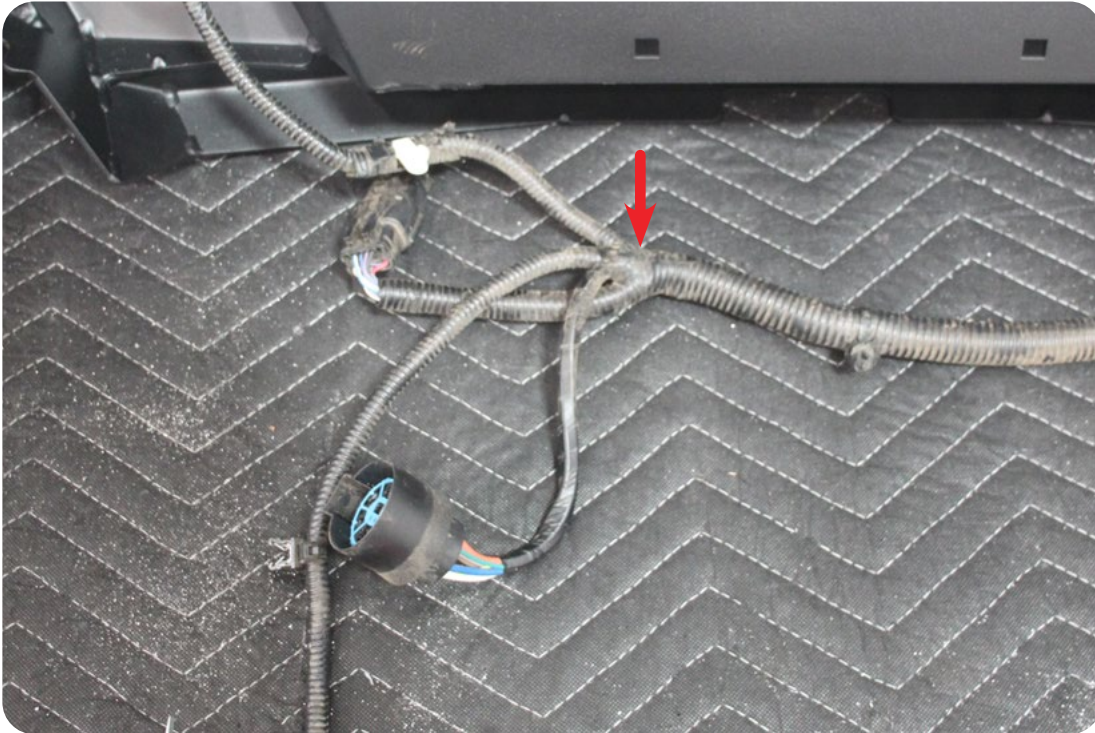


## BLACK LABEL REAR BUMPER 2024/FORD F-150

## INSTALL

### □ STEP 10

Locate the trailer plug and remove the electrical tape to expose the wiring. Next pull the trailer plug wires out of the loom so the plug can reach.



## BLACK LABEL REAR BUMPER 2024/FORD F-150

## INSTALL

### □ STEP 11

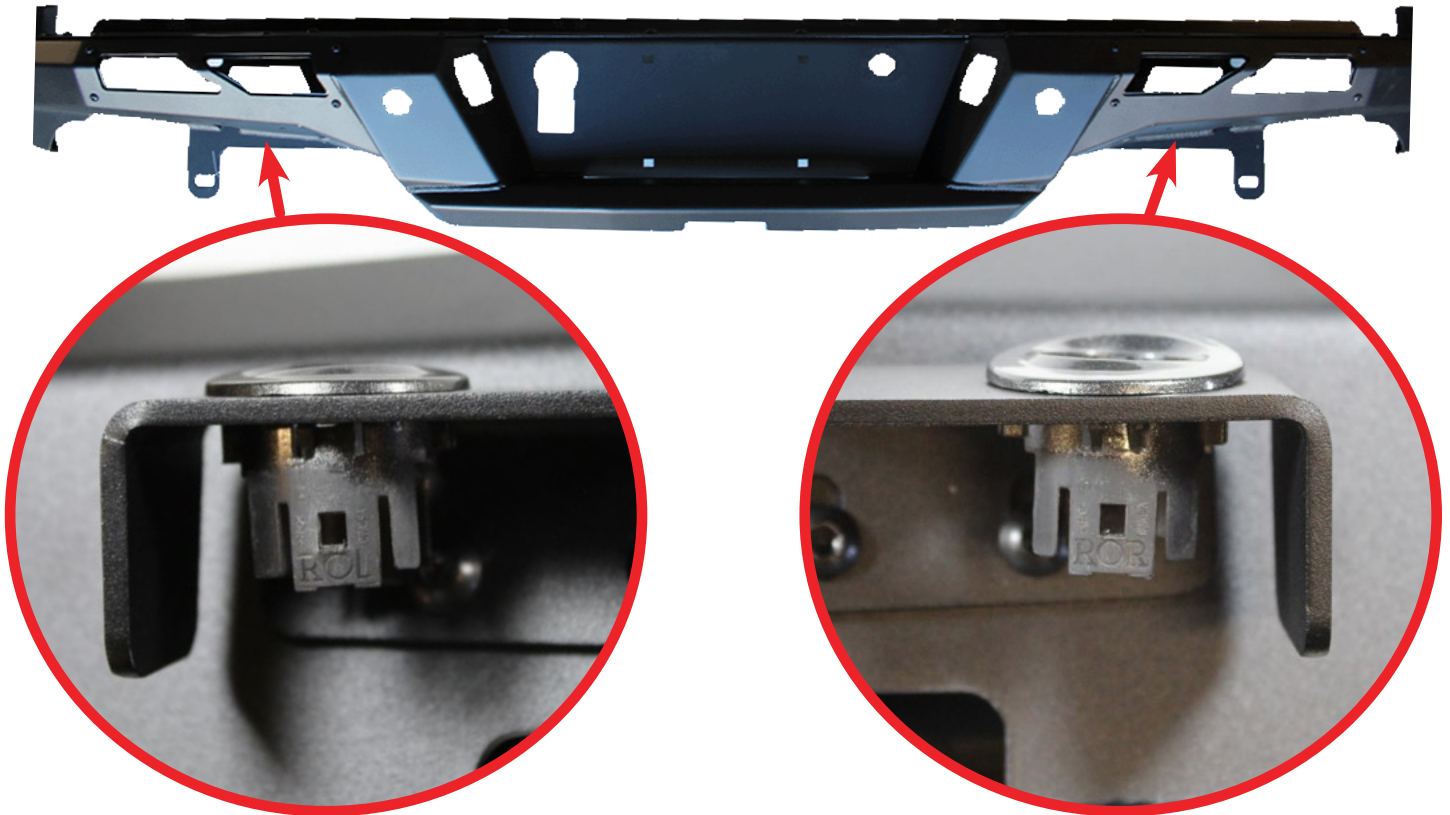
Using a (5/32 allen) and (7/16 wrench), Install the parking sensor mounts using the provided (C, C1, C2) 1/4" button head bolts, washers, and nylon lock nuts (Repeat on other side) **\*\*Install the sensor bezels in the orientation you remove them from the stock bumper\*\***





## BLACK LABEL REAR BUMPER 2024/FORD F-150

## INSTALL



### □ STEP 12

If your sensor bezels do not click into place, you may have to trim the mounting tabs to accommodate for the thickness of the material on your new bumper.



## BLACK LABEL REAR BUMPER 2024/FORD F-150

## INSTALL

### □ STEP 13

Unplug the outer parking sensors by pushing the white tab down. Insert the plug through the provided cutout next to the sensor mounts. Plug the parking sensor back in and ensure the sensor is facing the direction provide in the bottom right picture.



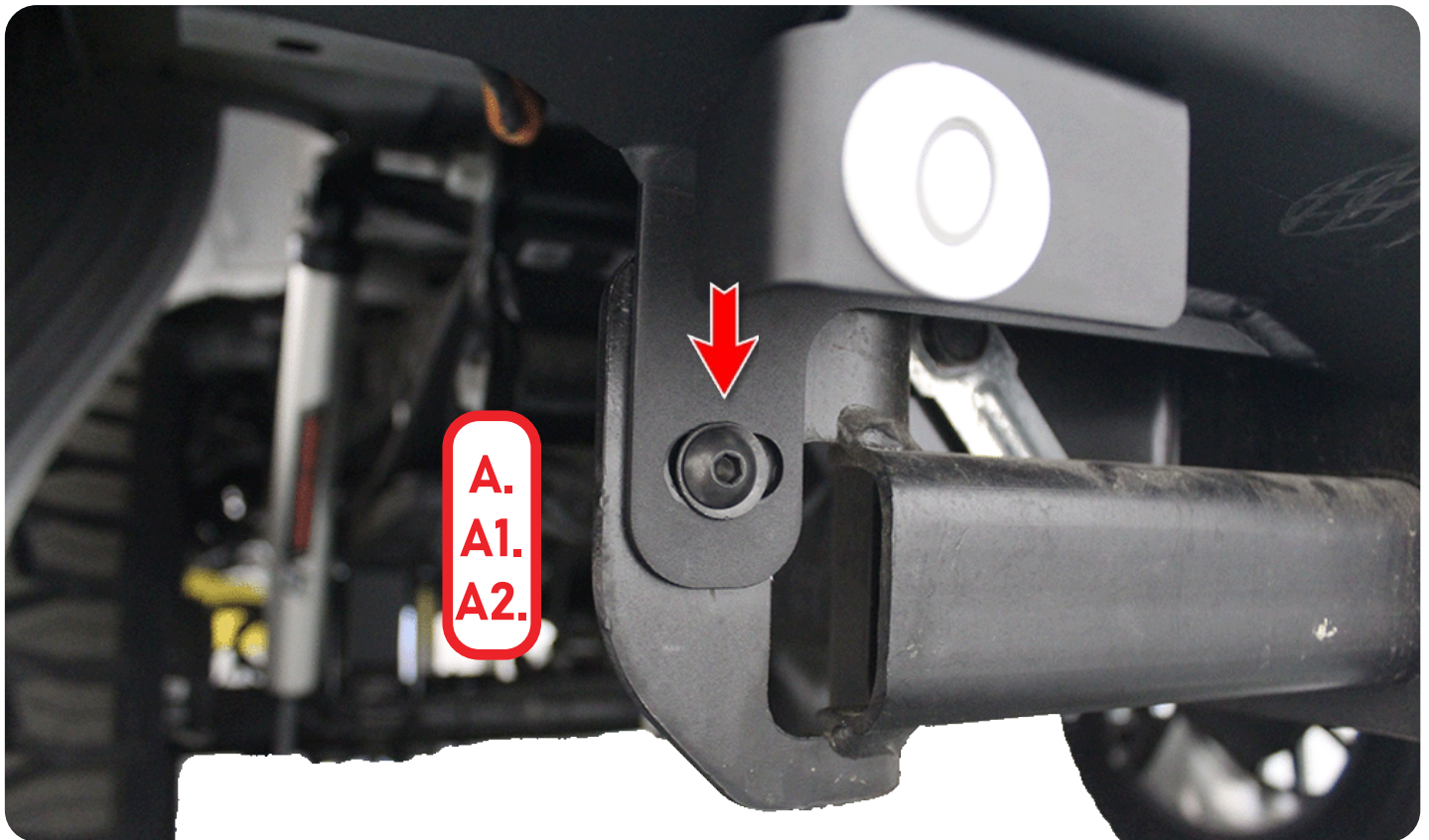


## BLACK LABEL REAR BUMPER 2024/FORD F-150

## INSTALL

### □ STEP 14

With the help from another installer, use a (7/32 allen) and a (9/16 wrench) to install the Black Label Rear Bumper with the provided (A, A1, A2) 3/8-16 X 1 1/4" button head bolt, 3/8" flat washer, and 3/8-16" nylon lock nut.

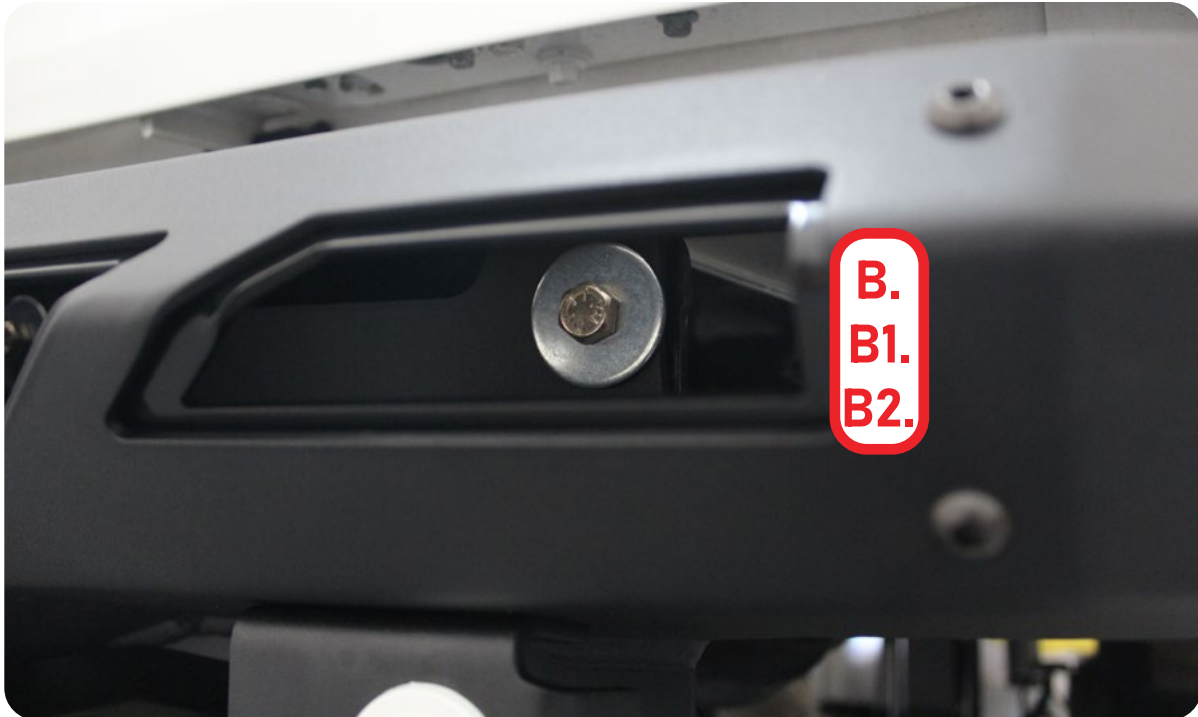


## BLACK LABEL REAR BUMPER 2024/FORD F-150

## INSTALL

### □ STEP 15

Using a (9/16 socket) and a (9/16 wrench) Install the provided **(B, B1, B2)** 3/8-16 X 1" hex head bolts, 3/8" flat washers, and 3/8-16" nylon lock nuts for the top mounting holes. **\*\*Ensure the bolt is facing in the directions shown in the pictures below\*\***



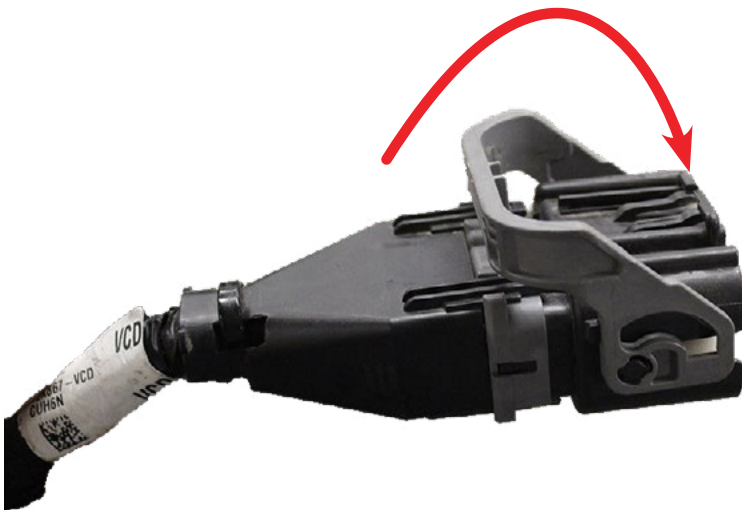
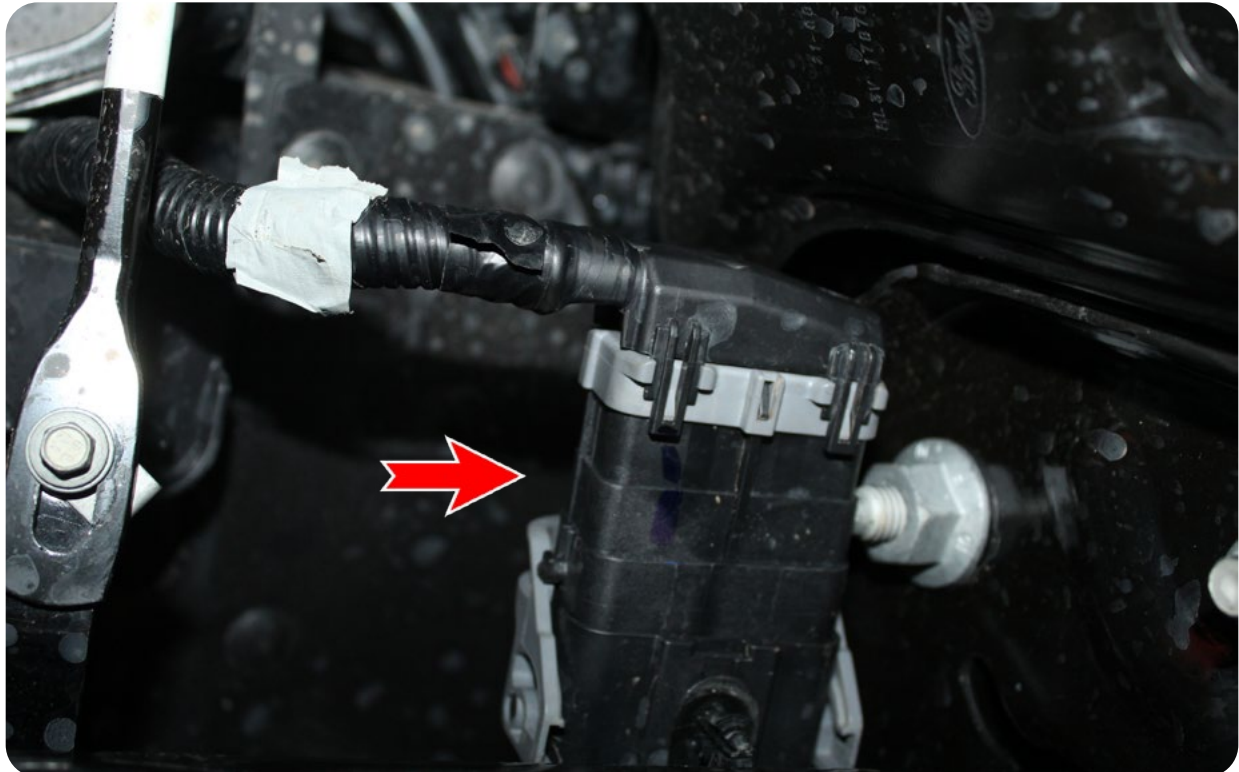


## BLACK LABEL REAR BUMPER 2024/FORD F-150

## INSTALL

### □ STEP 16

Plug in the wire harness, and reinstall the ground using a (10mm). **\*\*Ensure the clip is fully pushed down when plugged in as shown below\*\***



## BLACK LABEL REAR BUMPER 2024/FORD F-150

## FINAL

### STEP 1

Stand back and enjoy your new ADD Black Label™ Rear Bumper.

Check and re-tighten, if needed, all mounting bolts after 100 miles and periodically thereafter.



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PLEASE CALL 480-671-0820 OR  
EMAIL [INFO@ADDICTIVEDESERTDESIGNS.COM](mailto:INFO@ADDICTIVEDESERTDESIGNS.COM)